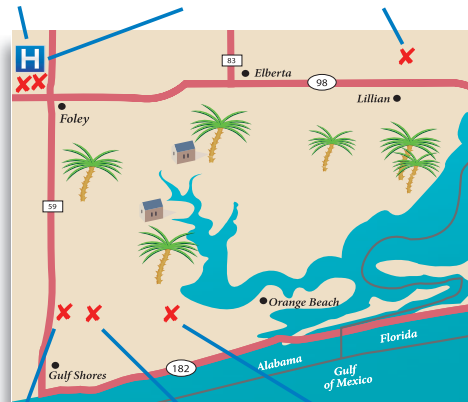


The care you need is always right here.

And here. And here. And here.



And here. And here. And here.

At South Baldwin Regional Medical Center, the care you need is always close to home – wherever home may be.

SOUTH BALDWIN
REGIONAL MEDICAL CENTER

Quality Care. Right Here.

Hwy. 59 • Foley, Alabama • 949-3400 • www.southbaldwinrmmc.com

Part of the South Baldwin Care Connection

Alabama Gulf Coast Imaging Center
251-962-1250 • Gulf Shores, Alabama

Alabama Gulf Coast Urgent Care Center
251-962-1250 • Gulf Shores, Alabama

Gulf Coast Occupational, Sports & Pain Medicine
251-923-2050 • Foley, Alabama

Lillian Medical Specialist Clinic
251-961-1020 • Lillian, Alabama

Orange Beach Medical Center
251-974-3820 • Orange Beach, Alabama

South Baldwin Regional Home Health
251-949-3600 • Foley, Alabama

South Baldwin Regional Medical Center
251-949-3400 • Foley, Alabama

South Baldwin Regional Rehabilitation Services
251-949-3580 • Foley, Alabama

When an injury occurs, we know you have a choice in where you receive rehabilitation. We want your first choice to be **South Baldwin Regional Medical Center.**

Rehabilitation Services



... Individualized treatment from people you trust.

SOUTH BALDWIN
REGIONAL MEDICAL CENTER



South Baldwin Regional Medical Center's Outpatient Therapy Center offers a variety of services, including Physical Therapy, Occupational Therapy and Speech Therapy.

What is Physical Therapy?

Physical Therapy helps preserve, develop and restore physical function. It can help restore physical health that has been lost due to injury, disease or other causes.

Physical Therapy may include treatment for pain, muscle spasm, range of motion, strength, posture, balance and endurance. Based on a patient's needs, specific goals are set for each individual. Some typical goals might be to improve range of motion of a joint, to increase strength in a muscle or to improve the ability to walk.

Because we emphasize active participation and responsibility, we provide you with the information to self-manage your condition between appointments and teach you how to live a healthier lifestyle.

What is Occupational Therapy?

Occupational Therapy helps patients return to activities related to their duties at work and home and helps them regain skills and overcome obstacles. Occupational Therapy treatments can include modalities for pain control or muscle stimulation, hand therapy and activities to improve sensory motor processing in pediatric and adult patients with neurological deficits. The primary goal of Occupational Therapy is to attain independence in all areas of function by implementing treatment goals.

What is Speech Therapy?

Speech Therapy helps restore speech, language, voice and swallowing after a stroke and preserves these functions in patients with Parkinson's disease, Dementia and other Neurological diseases. Speech Therapy also helps develop speech, language and swallowing for pediatric patients.

Speech Therapy uses many methods to preserve, restore or develop speech, language, voice or swallowing. One method may include electrical stimulation known as Vital Stim. Other methods include Oral Motor Therapy, Apraxia Therapy and Voice Therapy.

Our Staff

From the initial evaluation until the time of discharge, patients receive one-on-one care from our team, a compassionate and skilled group of licensed therapists and therapy assistants – some with almost two decades of therapy experience.

In most cases, the same therapist provides a patient's care for the duration of treatment. This provides for continuity of care for the patient and improved communication with the referring physician.

South Baldwin Regional Medical Center Therapy Services cover:

- Outpatient Orthopedics
- Speech
- Pediatrics – Developmental Delays
- Sports Medicine
- Work Injury Rehabilitation
- Hand Therapy
- Stroke Rehabilitation
- Joint Replacement Recovery
- Arthritis
- Work & Sports Injuries
- Carpal Tunnel Syndrome
- Neck/Back Pain
- Vestibular/Balance Rehabilitation



The Individualized Treatment Process

Therapy services require a referral or a prescription from a medical practitioner such as a doctor, podiatrist or dentist. Insurance carriers may require authorization prior to beginning treatment.

At the first visit, a licensed therapist will perform a patient evaluation. Assessments of pain, ability and function will be conducted for all affected areas. Every patient is unique, therefore each treatment program is tailored to fit individual needs and abilities identified during the evaluation.

Why Therapy?

Therapy helps relieve the symptoms and pain associated with joint replacement, injury, stroke and many other conditions that may impair abilities. The goal is to maximize functional abilities, restore independence and return patients to normal activity as safely and quickly as possible.

Our innovative program offers:

- Confidence to return to daily activities
- Education for living a healthier lifestyle
- Motivation and encouragement
- Progress along the road to recovery