

## The Pain Management Clinic

### Our Mission:

The Pain Management Clinic at GCOSPM was established to reduce the pain of individuals, whatever the source. Our goal is to help patients manage their pain with the least invasive methods and a minimum of medication. We can accomplish that by treatment specifically directed at the different components of an individual's pain and by helping them develop and meet reasonable functional goals.

### Our Services:

Pain is a complex medical problem that can have profound effects on daily life. GCOSPM works closely with patients to help reduce the adverse effects of pain on their ability to perform normal activities, to function on the job and to perform leisure activities.

We partner with patients to understand the source of their pain and to find the best treatment options for their situation. Our goal is to help decrease the level of pain and suffering, to return the patient to their maximum level of functioning and independence and to help restore their quality of life.

## Sports Medicine Clinic

Sports medicine is the study and practice of medical principles related to the science of sports. Our sports medicine clinic is focused on the diagnosis and treatment of sports injuries, sports injury prevention and sports training and athletic performance. Sports training and athletic performance includes exercises and workouts, sports nutrition and sports psychology.

As a sports medicine physician, Dr. Lee has specialized training in sports- and exercise-related injuries. His primary focus is on the diagnosis, treatment and prevention of injuries that occur during sports and other physical activity.



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## Occupational, Sports & Pain Medicine





## Ron R. Lee, MD, MS

After graduating from Duke University with his Bachelor's degree and Emory University with his Master's, Dr. Lee went to medical school at the Medical College of Georgia. He completed his Family Medicine Residency training at Bryn Mawr Hospital of the Thomas Jefferson Health System and a Sports Medicine Fellowship at the Crozer-Keystone Health System.

Dr. Lee served as a Flight Surgeon in the United States Navy and, later, the Army Reserve. For five years, he was a faculty member at the University of South Alabama where he served as an Assistant Professor at the School of Medicine and was a team physician in the athletic department. In the department of Orthopedic Surgery, he treated occupational injuries and performed medical research.

Dr. Lee brings a wealth of occupational medicine experience to the South Baldwin area from his years in the U.S military, University of South Alabama and private practice.

## Occupational Medicine Clinic

### Help to keep your work force working

- Convenience
- Communication
- Customized Services

### Mission Statement

Gulf Coast Occupational, Sports and Pain Medicine was founded on the principle that quality healthcare can be provided to companies of all sizes and that quality services can be customized to fit the individual needs of each company.

Our goal is to provide quality care to your employees and to maintain good communication with your business. We maintain a patient-centered approach in providing care, while being considerate of the needs of both the employee and employer.

This endeavor brings together the expertise of Dr. Ron Lee and the extensive resources of South Baldwin Regional Medical Center. Through this partnership, we are able to offer a comprehensive array of industrial health services and programs to meet the needs of each company. In addition, our collaboration affords the flexibility to customize these services in order to contain health care costs.

### Services

- Prompt Treatment of Injuries
- Detailed Documentation
- Return to Work Programs
- Modified Duty Programs
- Integrated Physical Therapy



### Physical Exams

- Pre-Employment
- Fitness for Duty
- Return to Work
- Firefighter
- DOT
- Coast Guard

### Specialty Services

- Job Site Ergonomic Evaluations
- Safety Evaluations
- Employee Wellness Programs
- Treadmill Stress Testing
- Integrated Physical Therapy

### Drug Screen Services

- Post-Injury
- Random Testing
- Return to Work
- Breath Alcohol Testing

### Testing and Screening

- Pulmonary Function Testing
- Physical Capacity Evaluations
- Respiratory Certification
- Respiratory Questionnaire
- DOT Breath Alcohol
- Hearing Evaluations
- TB Skin Testing
- Urinalysis