



Be a Safe Sitter®

- Would you know how to rescue a choking child?
- What if the child got a nosebleed?
- Do you know how to screen babysitting jobs to decide when to accept or refuse?
- Would you know what to say if you had to call 911?
- Do you know how to change a diaper?
- Safe Sitters learn these things ... and more!

For more information, visit www.safesitter.org.

The care you need is always right here.

And here.

And here.



And here. And here. And here.

At South Baldwin Regional Medical Center, the care you need is always close to home – wherever home may be.

SOUTH BALDWIN
REGIONAL MEDICAL CENTER
Quality Care. Right Here.

Hwy. 59 • Foley, Alabama • 949-3400 • www.southbaldwinrmc.com

Part of the South Baldwin Care Connection

Alabama Gulf Coast Imaging Center
251-962-1250
Gulf Shores, Alabama

Lillian Medical Specialist Clinic
251-961-1020
Lillian, Alabama

South Baldwin Regional Medical Center
251-949-3400
Foley, Alabama

Alabama Gulf Coast Urgent Care Center
251-962-1250
Gulf Shores, Alabama

Orange Beach Medical Center
251-974-3820
Orange Beach, Alabama

South Baldwin Regional Home Health
251-949-3600
Foley, Alabama

Safe Sitter®

*Better sitters today ...
better parents tomorrow*



SOUTH BALDWIN
REGIONAL MEDICAL CENTER



A Message to Parents

Safe Sitter® is a medically accurate program that teaches boys and girls ages 11 to 13 how to handle emergencies when caring for children.

This class teaches safe and nurturing child care techniques, behavior management skills and appropriate responses to medical emergencies.

*The Best Babysitter is a
Safe Sitter®*



South Baldwin Regional Medical Center Presents Safe Sitter®

When you accept a babysitting job, you accept the responsibility for a child's life. Taking a Safe Sitter® class will help prepare you to be a more responsible babysitter. And you'll have fun!

